

MEN SEXUAL PROBLEMS BETWEEN 15-55 YEARS OLD IN ROMANIA

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Objectives:

The research "The sexuality of Romanian active population" is the largest researches accomplished in Romania in this field in the last 10 years and was initiated by the Romanian Association for Sexual Medicine (AMSR).

The research objectives:

1. Informing and communication
2. The sexual life of the active people
3. The erectile dysfunction and treatment
4. Social- demographical profiles

Design and Method:

- The research has been accomplished on a sample of 1240 people with an age between 15 and 55 years old
- The research is based on a quantitative methodology
- Three groups: youth men (15-25), adults (26-45), older (46-55)

Results:

General information and sexual topics:

- The men are more looking for information
- The main communication partners in sexual topics communication are the sexual partner and the friends
- The most known sexual affections are AIDS and syphilis
- The pills and the condoms are the most used contraception methods

Regarding the sexual life:

- Sexual life begin is 16 years for the urban people and 17 years for rural people
- The most important sexual life characteristics are self-satisfaction and the partner satisfaction
- The average number of sexual acts is about 12-13 per month
- More over half of the men have had a single stable sexual partner.

Pathology and treatment:

- 9% from the men have precocious ejaculation in average for 5-6 months
- 38% from the men have problems with the ejaculation
- 13% from the men who have erectile problems has tried a treatment
- One third from the men who have problems declares they want a drug with a long period of operation
- The most known medicament for erectile dysfunction is Viagra

Conclusions:

This study is very important because it helps us to have a global image about sexuality of Romanian active men, in order to find a better way for communication, education and treatment.